

**CURRENT MANITOBA RECORDS
LONG COURSE**



<<MALE				FEMALE >>				
11 & 12	13 & 14	15 - 17	SENIOR		SENIOR	15 - 17	13 & 14	11 & 12
26.82	24.86	23.33	23.08	50 FREE	25.05	25.05	26.30	27.56
57.76	53.63	52.25	50.52	100 FREE	55.07	55.07	57.37	59.91
2:07.03	1:55.55	1:53.70	1:49.49	200 FREE	2:00.48	2:00.48	2:04.81	2:10.51
4:29.43	4:05.63	3:58.92	3:58.92	400 FREE	4:17.53	4:19.05	4:27.26	4:39.80
9:16.91	8:27.83	8:17.25	8:17.25	800 FREE	8:46.09	8:54.48	9:10.50	9:29.45
17:31.86	16:10.48	15:50.81	15:46.27	1500 FREE	16:46.77	16:46.77	17:14.24	18:14.20
32.02	28.90	26.97	26.30	50 BACK	29.01	29.01	29.57	31.56
1:07.91	1:02.18	57.19	57.04	100 BACK	1:01.18	1:01.58	1:03.13	1:08.80
2:25.33	2:18.34	2:09.86	2:05.34	200 BACK	2:10.62	2:12.84	2:17.02	2:27.35
34.51	31.10	29.00	28.11	50 BREAST	31.21	31.38	32.30	35.57
1:16.74	1:06.55	1:05.69	1:03.00	100 BREAST	1:06.44	1:08.02	1:10.66	1:15.84
2:44.02	2:24.38	2:21.00	2:16.68	200 BREAST	2:22.42	2:25.42	2:33.41	2:49.30
28.35	27.31	25.00	24.57	50 FLY	26.85	26.85	27.79	29.74
1:02.19	59.24	57.72	55.17	100 FLY	59.56	59.89	1:00.92	1:06.86
2:32.33	2:13.60	2:06.58	1:59.22	200 FLY	2:13.82	2:14.82	2:21.66	2:29.28
2:25.54	2:13.00	2:07.77	2:07.77	200 I.M.	2:10.21	2:15.99	2:18.21	2:27.14
5:09.14	4:39.17	4:30.32	4:29.57	400 I.M.	4:46.30	4:46.52	4:58.13	5:18.77
1:57.79	1:46.70	1:37.84	1:35.36	200 FREE RELAY	1:46.47	1:47.67	1:52.07	1:58.11
4:36.01	4:06.79	3:34.78	3:31.39	400 FREE RELAY	3:50.40	3:53.04	4:03.74	4:19.80
9:48.40	9:15.96	8:00.61	7:47.53	800 FREE RELAY	8:26.97	8:28.96	9:04.78	9:24.50
2:09.46	2:00.37	1:48.38	1:46.19	200 MEDLEY RELAY	1:56.54	1:59.04	2:03.42	2:12.78
5:11.48	4:27.85	4:07.18	3:52.88	400 MEDLEY RELAY	4:12.93	4:17.56	4:31.93	4:51.91